

TOOTH-COLORED RESTORATIONS

We have restored some of your teeth with tooth-colored materials. The resin (plastic) material used contains small “filler” particles of glass-like material for strength and wear resistance. These restorations will serve you well for several years. They contain the finest and most advanced materials available today. However, you should be aware of the following information about your new restorations:

CHEWING: Natural Teeth can be broken with heavy force, such as chewing hard objects. As with natural unrestored teeth, avoid chewing excessively hard foods (hard candy, corn nuts, ice, bones, etc.) because the resin material can be broken from the tooth with extreme force. If breakage occurs, replacement of the restoration is not difficult.

RECARE: Visit us for regular, ____ month examinations. Often, small problems that develop around the restorations can be detected at an early stage and repaired easily. Waiting for a longer time may require redoing the entire restoration or placing a crown (cap). We will contact you when it is time for your recare appointment.

PREVENTIVE PROCEDURES: To provide optimum longevity for your restorations and to prevent future dental decay and supporting tissue breakdown, *please use the following preventive procedures that are checked:*

- a. Brush and floss after eating and before bedtime.
- b. Swish vigorously for at least 30 seconds *daily* with *one* of the following products: (1) Colgate Fluorigard or (2) Johnson & Johnson Act (0.05% neutral sodium fluoride). The best time is immediately before bedtime.
- c. Use a 1.1% neutral sodium fluoride, Colgate PreviDent. (This product requires a prescription from us and a special tray for fluoride application.)
- d. Use a Water Pik

THE FUTURE: We expect you to receive several years of service from these restorations.

However, after a service period of years, we have seen the following unavoidable situations occur, which may require restoration replacement at a future time:

- a. Slight stains occur at the locations around juncture of the tooth and restoration. Please tell us if this condition occurs.
- b. Slight chipping around the juncture of tooth and restoration.
- c. The gingiva (gums) may shrink from the restorations, displaying unfavorable appearance underneath.

We have done our best to provide you with the finest quality oral restorations available today. However, as with a fine automobile or watch, only your continuing care and concern can assure optimum service longevity.

Thanks.